	Winter Menu October 2023 to Easter 2024						
Cycle 2 Week 1	Monday	Tuesday	Wednesday	Thursday	Friday		
			Main Lunch Option				
Main Meat	Beef Meatballs in a Tomato Sauce & Basil Sauce	Lamb Biryani Lentil Dhal Cucumber, Tomato and Onion Salad	Roast Beef Yorkshire Pudding Roast Potatoes Broccoli, Cauliflower, Carrots Gravy	Cheese & Tomato Turnover Jacket Wedges and Baked Beans	Fish Fillet Fingers Mashed Potatoes Peas & Corn		
Main Meat	Turkey Milanese with Half Jacket Potato Baked Beans	Hunters Chicken New Potatoes Garden Peas	Mince pork Wellington with Roast Potatoes, Broccoli, Carrots & Cauliflower	Non-Fried Boneless Chicken Thighs with Jacket Wedges and Baked Beans	Cajun Turkey Strips with Wholegrain Rice		
Main Vegetarian	Quorn Meatballs in Tomato & Basil Sauce Pasta Shapes Garlic Bread Mixed Salad	Vegetable Biryani Lentil Dhal Cucumber, Tomato and Onion Salad	Vegan Quorn Sausage Roast Potatoes Broccoli, Cauliflower, Carrots Gravy	Sweet Potato & Chickpea Curry Rice	Vegetable Fingers Mashed Potatoes Peas & Corn		
Pasta Bar	Tomato & Pesto Pasta	Wholemeal pasta With Tomato & Basil Sauce	Macaroni Cheese with Mixed Salad	Vegetable & Tomato Pasta	Creamy Tomato Pasta		
			otatoes with assorted fillings.				
		Bread with no add	ed fat or oil will be available every day. Dessert Option				
Dessert	Gingerbread Biscuit	Raspberry & Vanilla Ice Cream Roll	Lemon Muffin	Apple Sponge with Custard	Chocolate Crunch Chocolate Sauce		
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection		
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection		

Winter Menu October 2023 to Easter 2024					
Cycle 2 Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
			Main Lunch Option		
Main Meat	Sausage Roll Mashed Potatoes Baked Beans	Minced Beef Lasagne Broccoli, Cauliflower & Carrot Mix	Roast Pork Apple Sauce Roast Potatoes Carrots Cabbage & Gravy	Chicken and Pepper Pasta in Tomato Sauce Garlic Bread	Salmon & Sweet Potato Fishcake Jacket Wedges Peas & Corn
Main Meat	Chicken & Oriental Veg in Sweet Chili Sauce Wholegrain Rice	Lemon Pepper Haddock With New potatoes & Peas	BBQ Turkey with Vegetable Seamed Rice	Beef & Mushroom Pie New Potatoes Green Beans Gravy	Lamb Burger with Mixed Salad & Jacket Wedges
Main Vegetarian	Vegan Sausage Roll Mashed Potatoes Baked Beans	Vegetable Lasagne Broccoli, Cauliflower & Carrot Mix	Vegetable Crumble Roast Potatoes Carrots Cabbage & Gravy	Vegetable Samosa Wholegrain rice with onions & Peppers	Quorn Dippers Jacket Wedges Peas & Corn
Pasta Bar	Tomato & Pesto	Wholemeal Tomato & Basil	Macaroni Cheese	Tomato, Basil & Lentil Pasta	Creamy Tomato
	ı	Jacket Po	tatoes with Assorted fillings	-	
		Bread with no adde	ed fat or oil will be available every d	ay.	
			Dessert Option		
Dessert	Blueberry Muffin	Apple Crumble Custard	Strawberry Jelly	Vanilla Sponge Custard	Chocolate Fudge Pudding
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection

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		Winter Men	u October 2023 to Easter 2024		
Cycle 2 Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
			Main Lunch Option		
Main Meat	Chicken Goujon Wrap Corn on the Cob Mixed Salad	Spaghetti Bolognese Garlic Bread	Roast Turkey Roast Potatoes Carrots Broccoli & Gravy	Ham and Cheese Pizza Jacket Wedges Baked Beans	Fish Cake Diced Potatoes Garden Peas
Main Meat	Pork Goulash with Mashed Potatoes Broccoli	Lamb Burger with Half Jacket Potato & Baked Beans	Beef Stroganoff with Wholegrain Rice	Chicken & Broccoli Pasta Bake with Salad	Pulled Pork in BBQ Sauce Diced Potatoes Garden Peas
Main Vegetarian	Vegetable Nugget Wrap Corn on the Cob Mixed Salad	Quorn Pieces in Sweet & Sour Sauce with Rice	Vegan Quorn Sausages Roast Potatoes Carrots Broccoli & Gravy	Cheese and Tomato Pizza Jacket Wedges Baked Beans	Vegan Vegetable Burger Diced Potatoes Garden Peas
Pasta Bar	Tomato & Pesto	Wholemeal Tomato & Basil	Tomato & Lentil	Creamy Tomato	Macaroni Cheese
	-	Ja	icket Potato & Filling		
		Bread with no adde	ed fat or oil will be available every da	y.	
			Dessert Option		
Dessert	Oat & Raisin Cookie	Syrup Sponge Custard	Chocolate Cake with Chocolate Frosting	Apple & Blackberry Crumble Custard	Jam Sponge Custard
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection